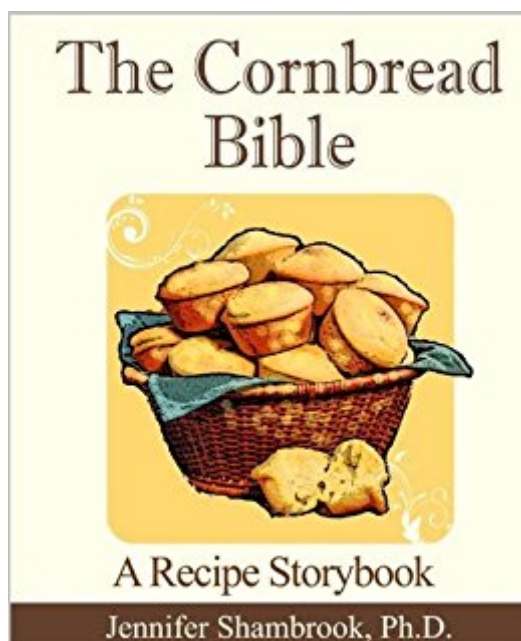


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The Cornbread Bible: A Recipe Storybook



Synopsis

Top Rated Best SellerIn The Cornbread Bible: A Recipe Storybook, Dr. Jennifer Shambrook not only shares recipes for some great, low-cost, Southern cooking, but also shares the stories behind the recipes. The people who created the recipes and the people for whom the recipes were created populate this recipe storybook. Dr. Shambrook is a comfortable storyteller and you will find yourself relating these stories as your family or guests eat the down home recipes you prepare from this book. With The Cornbread Bible, you will find it very easy to be a good cook. You will also find these recipes to be very easy on your food budget. Shambrook cooks with an eye to saving time, effort, and expense. The book offers both recipes and the principles behind the recipes. This enables you to follow step-by-step as you learn the principles, then use these recipes for inspiration to create your own delicious cornbread dishes. There are also basic general tips such as how to care for cast iron cookware or tell when your oil is hot enough to fry a hushpuppy or corndog. Included in the book are a variety of breads, including many gluten free options. But you will learn about a lot more than bread! You will learn to make side dishes (greens with cornmeal dumplings), main dishes (pot roast pie), and an easy, delicious recipe for gluten-free corndogs. There are recipes for breakfast, lunch and dinner. You will enjoy reading the stories behind the recipes as you learn to fry hushpuppies, make the Chihuahua Muffins, or cook hardy cornbread-topped entrees. One of the best chapters in the book is the section on creating cornbread dressing or stuffing. Here, the author shares her version of an easy-to-follow recipe for dressing that has been passed down in her family for generations. But, she doesn't stop there, she offers the principles of how to custom tailor your dressing to suit the tastes of your family and friends. You will find The Cornbread Bible: A Recipe Storybook informative, entertaining and chock full of useful tips that will help you be a better cook while lowering your food budget at the same time. Scroll back to the top of the page and select the buy button to purchase.

Book Information

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Baking > Bread

Customer Reviews

I have to tell you, I have a bone to pick with Jennifer Shambrooke, author of *The Cornbread Bible: A Recipe Storybook*! She left out my favorite brand of cornmeal! Very few meals are ever served south of the Mason-Dixon that are not accompanied by cornbread. The ones that are usually feature biscuits. If you're very lucky you'll get both! What you think of as "real" cornbread depends on where you were raised. Some of us were taught that yellow corn was for horses or that only Yankees put flour in their cornbread. Raised in a family where the Southern half was greatly pained by the spoonful of sugar that always topped my grits, even I was shocked enough to yell "Oh My God!" right out loud in the middle of the night when I read Jennifer's recipe for her daughter's Sweet Cornbread! Only for love would any Southern girl put so much sugar in the cornbread . . . and I sure hope I didn't wake the neighbors. Chockful of a lot of things cornbread (not quite everything), the Kindle version of the book features an easy-to-navigate Table of Contents that correctly links every recipe. Yes, there are pictures and you will find some real treats here. The Chihuahua Muffins look particularly scrumptious, corn dogs without the deep fryer - great football-watching food. I think my son-in-law might find a batch of those waiting for his next watching-football day off. One tiny note: Follow Jennifer's directions for seasoning your cast iron, but you'll need to repeat that at least three times for a good season.

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